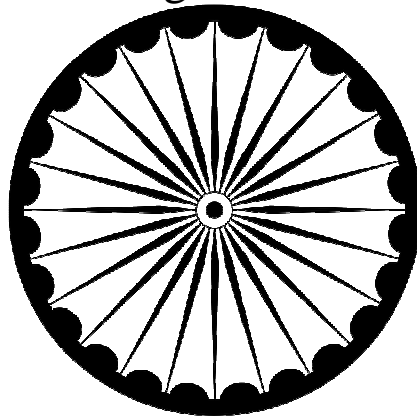


ॐ **Yoga Meditation**
Stress Management
Workshop

With Ema Stefanova, Yoga Meditation Master Teacher



4-SATURDAYS, 3/5, 12, &19 and 4/9, 2016
At 1904 Federal Blvd. in Ann Arbor, MI

This experiential workshop will introduce Classical Yoga Meditation
Therapy as a powerful health management tool.
A great opportunity to experience self-healing.

\$325 before March 2; \$375 after that
PREREGISTRATION IS REQUIRED.

No previous experience is necessary.

Yoga Alliance Registered Teachers Earn up to 8 CEUs

www.YogaAndMeditation.com

734-665-7801